

Procedure/Costs:

Support after death: 63 €/hour. Additional travel expenses shall be billed in case of support at home.

RAINBOWS-group after death: 225 €. Seven 1.5 hour sessions with the children (an extension is possible upon agreement)

2 talks with parent/s for 63 €.

Price reductions and/or installments are possible upon inquiry.

Additional programs by RAINBOWS:

- RAINBOWS-groups – for children after the separation or divorce of their parents
- **Coaching § 95**
- **RAINBOWS summer-camps**
- **Course of instruction** – Separation/Loss
- **Training course** – RAINBOWS pedagogics
- **Workshops** – for specific persons

We are happy about every donation:

Your donation to RAINBOWS is tax deductible!



Conquering grief

Professional support for children and teen
after the death of a loved one

Palpable relief for adults

Death is part of life

The reaction of children and teens to the death of relatives or a close person quite often ranges between aggression and regression. They develop feelings of guilt, are scared, and frequently suffer from sleep and eating disorders or the like.

RAINBOWS approaches this topic gently and with a positive attitude at the same time: death is part of life. Those confronted with death shall have the opportunity to talk about it and to express the feelings associated with it. Deliberate grief can also be seen as a healthy maturing process.

Parental support and counseling for parents and reference persons

In the event of death we offer special help to children and teens of all ages – individual counseling, family support, RAINBOWS-groups. For the concerned adults it is good to know that their children are in the hands of experts. This, of course, lightens their burden.

Apart from that we directly support parents and reference persons either in form of advice by phone or in personal counseling sessions.

RAINBOWS-counseling for children and teens

In dealing with dying and death, age plays an important role. Children under three need more direct and emotional attention whereas teens at 14 mostly favor clear and open talking. Besides, children are different and react individually.

So RAINBOWS offers various forms of counseling:

- Individual counseling
- Family support
- RAINBOWS-groups after the death of a close person

(All offers available for different age groups)

RAINBOWS-counseling for adults

Those who can cope with their own grief may be of help to other family members. This is the reason why RAINBOWS also supports adults who want to help their children in case of grief:

- Advice by phone
- Family support

The death of a close person puts every family in exceptional circumstances. So with respect to these circumstances, RAINBOWS is quite flexible as far as time and locations for counseling are concerned.

Counseling through competent RAINBOWS-professionals

Working with children and teens requires great intuition and empathy and certain professional competences. If children have to cope with the death of a close person, additional abilities are necessary. As RAINBOWS-professionals have undergone special trainings, they are perfectly qualified to deal with such delicate situations.

